

35th Annual

WRENTHAM WROAD WRACE

SATURDAY, SEPTEMBER 7, 2019 – 10AM

WRENTHAM TOWN COMMON

WRENTHAM RECREATION – DIRECTOR: JEFF PLYMPTON

508-384-5427 or jplympton@wrentham.ma.us

Distance: 5000 meters (3.1 miles)

Sanctioned by: USA Track & Field

Thirst Aid Stations: Gatorade and water station will be set up on the course

Course: Starts & finishes in Wrentham Common

Registration: At the Common beginning at 8:30AM

T-Shirts: To all entries

Refreshments: Pizza, Gatorade, Water & Bananas

Timing and scoring by: Spitler Race Systems

Directions: Route 495 Exit 15 Go North approximately 2 miles to Wrentham Center

Cost: \$25 by September 6th on-line at <http://www.active.com>

\$30 Day of race

AWARDS FOR MALE & FEMALE TOP PERFORMERS

1st - \$100

2nd - \$75

3rd - \$50

PLAQUES TO THE FIRST OVERALL MALE & FEMALE IN EACH CATEGORY

Sub Junior 0 – 12 / Junior 13 – 19 / Open 20 – 29 / Sub Master 30 – 39

Master 40 – 49 / Senior 50 – 59 / Veteran 60 – 69 / Grand Veteran 70+

MERCHANDISE AWARDS: Merchandise prizes will be awarded by lottery.

WRENTHAM WROAD WRACE WREGISTRATION FORM

Mail \$25 before 9/6 with form to Wrentham Wroad Wrace, 79 South Street Wrentham, MA 02093

NAME _____ AGE _____ SEX _____

EMAIL _____

ADDRESS _____ CITY _____ STATE ZIP _____

In consideration of this entry being accepted, I for myself, my heirs, executors, administrators, waive and release any and all my rights and claims for personal damages I may have against race officials, The Town of Wrentham, USATF, Spitler Race Systems and all sponsors of the event.

SIGNATURE: _____ DATE: _____